

## **ASK YOURSELF 4 QUESTIONS TO REVEAL THE OBSTACLE TO THE FULL FLOW OF THE HOLY SPIRIT**

### **1. What 3 sins do I struggle with the most?**

- Ask God: Why are these three sins struggles for me?
- How do they relate to my past?

### **2. What are the top three things that bother me the most?**

- That irritate me
- That get under my skin
- Then ask God: why do these things bother me?

### **3. What are my top 3 irrational fears?**

- Ask God:
- Why do I fear these?
- Where did they start?

### **4. Go through the fruit of the Holy Spirit and ask which fruit am I weak in?**

- Ask God why am I weak in that area?

**While you are doing this make the word & prayer a priority.**

**Word:** Washes: Eph 5:26

- The word reveals your inner most being

Heb 4:12 For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

**Prayer:**

- Prayer is giving God our undivided attention
- We speak to God and unburden our hearts
- God speaks to us and shows us things we don't know
- In prayer we are naked before God.
- Intentionally open to His voice.

**Write Down on Paper Your Conclusions.**

- What you will have is an accurate picture of what you look like on the inside.
- And exactly where you need to cooperate with the Holy Spirit to remove obstacles to the full flow of the Holy Spirit.